

ANGEL WALK WELLNESS

Evidence-Based Wellness & Telehealth Care
www.aww-center.com | contact@aww-center.com
Healing with Heart, Science, and Purpose

WELLNESS / FUNCTIONAL MEDICINE EDUCATIONAL DISCLAIMER

This document explains the scope and limitations of Angel Walk Wellness wellness and educational consultation services, including education that may draw on lifestyle, nutrition, prevention, cardiometabolic health, healthy aging, and functional-medicine concepts.

1. EDUCATIONAL NATURE OF THE SERVICE

Wellness & Educational Consultation is an educational and informational service and is available nationwide.

The service may include discussion of lifestyle habits, nutrition, physical activity, sleep, stress, health goals, prevention, healthy aging, and other wellness topics.

Educational discussion may incorporate functional-medicine concepts as one framework for understanding lifestyle and health factors. This does not create a separate professional license, specialty license, or additional scope of practice.

2. NOT MEDICAL DIAGNOSIS OR TREATMENT

A Wellness & Educational Consultation is not a medical evaluation and is not intended to diagnose, treat, cure, or manage a disease or medical condition.

This service does not include prescribing, medication management, ordering medical treatment, or replacing care from your physician or other licensed healthcare professional.

If your questions or symptoms require medical evaluation, you may be advised to contact your primary care clinician, specialist, urgent care, emergency services, or another appropriate healthcare professional.

3. DIFFERENCE FROM MEDICAL TELEHEALTH

Angel Walk Wellness Medical Telehealth is a separate clinical service and is currently limited to eligible patients physically located in California or New York, subject to applicable licensing, practice, and telehealth requirements.

Choosing or receiving a Wellness & Educational Consultation does not automatically establish a medical treatment relationship or convert the session into a medical telehealth visit.

4. PERSONALIZED EDUCATION AND INDIVIDUAL RESULTS

Wellness information may be tailored to the goals and information you choose to share, but educational guidance is not a guarantee of a particular health outcome.

People may respond differently to changes in diet, exercise, sleep, stress management, supplements, or other lifestyle practices.

You should use appropriate clinical judgment with your treating healthcare professionals when making decisions about diagnosed conditions, medications, laboratory abnormalities, or other medical concerns.

5. SUPPLEMENTS, FOODS, AND WELLNESS PRODUCTS

Discussion of foods, supplements, or wellness products is for educational purposes unless provided within an eligible medical telehealth relationship and within applicable clinical scope.

Educational discussion does not mean that a product is proven to prevent, diagnose, treat, or cure disease, and no product result is guaranteed.

Supplements and wellness products may interact with medications or may not be appropriate for every person. Questions involving safety, dosing, interactions, pregnancy, chronic illness, or medical treatment should be reviewed with an appropriate licensed healthcare professional.

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6. CLIENT RESPONSIBILITIES

You are responsible for providing accurate information relevant to the wellness topics you wish to discuss.

You agree not to stop, start, or change a prescription medication solely because of a wellness consultation without discussing the change with the clinician responsible for your medical treatment.

You understand that wellness education does not replace recommended screening, diagnostic testing, medical follow-up, emergency care, or treatment from appropriately licensed professionals.

7. EMERGENCIES AND SIGNIFICANT SYMPTOMS

Wellness consultations are not intended for emergencies or urgent medical assessment.

If you believe you are experiencing a medical emergency, call 911 or seek immediate emergency care. New, severe, rapidly worsening, or concerning symptoms should be evaluated by an appropriate healthcare professional.

8. EVIDENCE AND HEALTH INFORMATION

Angel Walk Wellness aims to provide wellness education that is grounded in credible evidence and presented without guaranteeing outcomes.

Health information evolves over time. Recommendations, educational materials, and wellness content may be updated as evidence, professional guidance, or applicable standards change.

9. SCOPE MAY CHANGE

Angel Walk Wellness may update the services it offers as professional licenses, clinical infrastructure, technology, and applicable legal requirements change.

The service available to you will depend on your location, eligibility, and the scope of service communicated to you at the time of your appointment.

CLIENT ACKNOWLEDGMENT

By signing below, I confirm that:

- I understand that Wellness & Educational Consultation is educational and is separate from Medical Telehealth.
- I understand that wellness education does not diagnose or treat disease and does not replace my medical care.
- I understand that functional-medicine concepts may be discussed as an educational framework and do not represent a separate professional license or expanded scope of practice.
- I understand that results from lifestyle or wellness changes cannot be guaranteed.
- I agree to seek appropriate medical care for medical conditions, urgent concerns, or emergencies.

Client Name (print): _____

Client Signature: _____

Date: _____

Provider:

Mei Chen, ACNP-BC, FNP-C
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